

My Trading Plan

Financial Goal

I want to make \$ _____ per year
\$ _____ per month
\$ _____ per week

My Account Size: \$ _____

I am willing to risk \$ _____

Selecting a market

I will trade the following market(s): _____

Selecting a timeframe

I will trade the following timeframe(s): _____

Selecting a trading style

I will use the following approach:
 trend-following trend-fading other: _____

The underlying assumption / idea is:

Entry Signals

Long Entry: _____

Short Entry: _____

Exit Signals

Profit Target: _____

Stop Loss: _____

Other Rules

Expectations

| | Expected | Realized (after 40 Trades) |
|--------------------------|----------|----------------------------|
| # of Trades per day | | |
| Winning Percentage | | |
| Average Winning Trade | | |
| Average Losing Trade | | |
| Total Profit | | |
| Average Profit per Trade | | |